



**Dorjé chang-chen télo narotang  
Marpa mila chöje gampopa  
Düsüm shécha künchen karmapa  
Chéshi chungje jütpa dzin-nam tang  
Dritak tsalsum palden drukpa-sok**

Great Dorje Chang, Tilopa, Naropa,  
Marpa, Milarepa, Prince of Dharma-Gampopa,  
Karmapa - who knows all of past, present and future,  
The Holders of the Four Great and Eight Smaller Lineages -  
Drikung, Talung, Tsalpa, glorious Drukpa and many others;  
I pray to you who have realised the deep path of Mahamudra.

**Sablam chaja chela nga-nyé-pé  
Nyam-mé drogön dhagpo kajüla  
Solwa'ndepso kajü lamanam  
Jütpa dzin-no namtar chinji-lop**

The Dhagpo Line of Oral Transmission,  
That peerless protector for all beings.  
I will also uphold the tradition of the Kagyu Lamas;  
Grant your blessing that I may follow the example of their wondrous deeds.

**Shenlok gomji kangpar sungpa-shin  
Zénor künla chakshen mépa-tang  
Tsendir dötak-chöpé gomchenla  
Nyékur shempa mépar chinji-lop**

Weariness with Samsara is taught to be the feet of meditation.  
Thus the true meditator is uninvolved with food, wealth or anything.  
Grant your blessing to those who sever their bondage to the things of this life,  
That they may be unattached to success and honour.

**Mögü gomji gowor sungpa-shin  
Men-nga tergo jépé lamala  
Jündu solwa'ndep-pé gomchenla  
Chömin mögü chéwar chinji-lop**

Devotion is taught to be the head of meditation.  
Thus the true meditator constantly prays to his Guru,  
The one who opens the door to the treasure of the essential instructions.  
Grant your blessing that uncontrived faith and devotion may arise in them.

**Yengmé gomji ngoshir sungpa-shin  
Kangshar tokpé. ngowo somaté  
Machö tékar jokpé gomchenla  
Gomcha lotang tralwar chinji-lop**

Non-distraction is taught to be the actual body of meditation.  
Thus, whatever arises, the true meditator simply rests within the uncontrived,  
In the very freshness of the essence of thought.  
Grant your blessing that there may be freedom from the idea of something to meditate on.

**Namto ngowo chökur sungpa-shin  
Chi-yang ma-yin chiryang charwala  
Manga rolpar charwé gomchenla  
Kordé yermé tokpar chinji-lop**

The essence of thought is taught to be the Dharmakaya.  
Nothing whatsoever, yet it manifests as anything whatsoever,  
Appearing in unhindered play to the true meditator.  
Grant your blessing that the indivisibility of Samsara and Nirvana be realised.

**Chéwa küntu yangda lamatang  
Tralmé cho-chi pal-la longchö-ching  
Satang lamji yönten rapzoné  
Dorjé changi kompar nyurtop-sho**

In all my lives may I never be without a true Guru,  
And may I make proper use of the splendour of Dharma.  
Perfecting all the qualities of the Levels and Paths,  
May I swiftly achieve the state of Dorje Chang.

**Dedication prayer:**

**Sönam diyi tamché zikpa-nyi  
Topné nyepé dranam pam-chéné  
Chéga-nachi balab trukpa-yi  
Sipén-tsolé drowa drol-wara-sho**

Through the virtue of this goodness,  
May I attain omniscience and overcome all adversity,  
Thereupon liberating beings from the ocean of existence,  
Which is rocked by the waves of birth, ageing, sickness and death.