

Recommended Books

Bardo - Interval of Possibility by Khenpo Karthar Rinpoche Commentary on Aspiration in the Bardo.

The Tibetan Book of the Dead - First Complete Translation by Padmasambhava. The Tibetan Book of the Dead is one of the best-known Tibetan Buddhist texts. It is also one of the most difficult to understand. In this book Rob Nairn presents the first interpretation of this classic text using a modern Western perspective.

Sacred Passage by Margaret Coberly, Phd, Rn. **How to Provide Fearless, Compassionate Care for the Dying**

Transition and Liberation by Tenga Rinpoche. Explanations of meditation in the Bardo.

An Overview of Bardo Teachings by Khenchen Thrangu Rinpoche. Commentary on the Bardo.

Living, Dreaming, Dying by Rob Nairn. The Tibetan Book of the Dead is one of the best-known Tibetan Buddhist texts. It is also one of the most difficult to understand. In this book Rob Nairn presents the first interpretation of this classic text using a modern Western perspective.

Death and the Art of Dying by Bokar Rinpoche. Bardo Teachings.

The Tibetan Book of the Dead by Francesca Fremantle, Chogyam Trungpa. In this classic scripture of Tibetan Buddhism, traditionally read aloud to the dying to help them attain liberation, death and rebirth are seen as a process that provides an opportunity to recognize the true nature of mind.

Advice on Dying and Living a Better Life by HH The Dalai Lama. Advice on Dying and Living.

Journey of the Mind. by Khenchen Thrangu Rinpoche. Bardo Teachings.

Being with Dying by Joan Halifax Contemplative Practices and Teachings (Audio CD)